

2024

MAY



City of Phoenix
HUMAN SERVICES DEPARTMENT

Milk & Fruit Served Daily

	Monday	Tuesday	Wednesday	Thursday	Friday
W E E K 6	29	30	01	02	03
			Bang Bang Shrimp 棒棒蝦, Peas and Carrots, Mushrooms	Chicken Parmesan 帕尔玛鸡肉, Mashed Potato, Mixed Vegetable & WW Roll	Ground Pork Stir-Fry 炒猪肉, Bok Choy, Roasted Eggplant
W E E K 7	06	07	08	09	10
	Ginger and Scallion Beef 薑葱牛肉, Napa Cabbage	Thai Coconut Shrimp Soup w/ Rice 椰子虾汤, Mushroom & Green Bell Pepper/Tomato	Sesame Chicken 芝麻雞, Green Beans, Asian Mixed Vegetable	Beef Stir Fry 炒牛肉, Boy Choy w/ Carrots, Cauliflower	Kung Pao Pork 宮保猪肉, Napa Cabbage, Broccoli
W E E K 8	13	14	15	16	17
	Stir-Fry Turkey 炒火雞, Roasted Yellow Squash, Bok Choy	Szechuan Beef 四川牛肉, Napa Cabbage, Mushrooms	Pork Egg Roll Bowl 猪肉蛋捲, Peas and Carrots, Broccoli	Mandarin Glazed Baked Fish 柑橘釉烤鱼, Zucchini, Chop Suey	Chicken Breast Strips 烤箱炸鸡, Mashed Potato w/ Gravy, Corn & WW Dinner Roll
W E E K 1	20	21	22	23	24
	Sweet and Sour Pork 糖醋豆腐, Bok Choy, Asian Mixed Vegetable	BBQ Baked Chicken 烤雞, Green Beans, Napa Cabbage	Vegetarian Lasagna 素食烤宽面条, Italian Blend Vegetable, Side Salad	Lemon Pepper Shrimp 檸檬胡椒蝦, Chop Suey, Dilled Carrots	Sesame Ginger Beef 芝麻姜牛肉, Broccoli, Yellow Squash
W E E K 2	27	28	29	30	31
	Sesame Chicken 芝麻雞, Stir-Fry Vegetable, Mushrooms	Country Fried Steak w/ Gravy 炸牛排, Mashed Potato, Buttered Carrots	Soy Baked Fish 豆油焗魚, Asian Mixed Vegetable, Zucchini	Teriyaki Beef 照燒牛肉, Cauliflower, Peas and Carrots	Stir-Fry Pork 炒猪肉, Napa Cabbage w/ Carrots, Zucchini



Monday

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Wednesday

Thursday

Friday

