



DISTRICT 3 NEWS

A Message from Phoenix City Councilwoman Debra Stark

Hello District 3,

In this newsletter you will find the latest news, announcements, and event details that I want to share with you.

As always, please do not hesitate to contact my office with questions, comments, or concerns at (602) 262-7441 or council.district.3@phoenix.gov.

Respectfully,

Councilwoman Debra Stark



City of Phoenix

The Phoenix City Council will have a Special Formal meeting on **Monday, August 28th at 2:30 p.m.**

Members of the public can attend and speak in-person, by phone, or virtually via Webex. Pre-registration is required to speak on an agenda item or during the Public Comment period. To find the agenda and information on how to register to speak and how to submit an e-comment, visit [Phoenix City Council Meetings](#).

North Mountain Park

WILL BE TEMPORARILY

CLOSED

ON THURSDAY, AUGUST 10

FROM 5:00 AM UNTIL 11:00 AM

QUESTIONS?

CALL 602-495-5506



City of Phoenix
PARKS AND RECREATION DEPARTMENT



Tips on How to Stay Safe in the Heat

As temperatures remain above 100 degrees, the City of Phoenix wants to remind residents about summer safety tips to keep you safe and prepare you for the hot summer days ahead.

Here are some tips to keep you safe during the warm weather months:

Keep an Eye on the Weather

[The National Weather Service \[weather.gov\]](https://www.weather.gov) issues heat watches and warnings ([@NWSPhoenix on social media \[weather.gov\]](https://twitter.com/NWSPhoenix)). During these times, it is recommended to remain indoors whenever possible. Even when an excessive heat day is not in effect, the summer weather can still be dangerous. If you need to be outdoors, it is recommended to be done by 9 a.m. or wait until after 6 p.m.

Listen to Your Body

Make sure to take frequent breaks and drink water regularly throughout the day, even when you are not thirsty. The CDC recommends that people working outdoors drink eight ounces of water every 15-20 minutes. Hydrating ahead of vigorous activity is effective. Avoid sugary drinks, alcohol, and caffeine. Know the signs of heat exhaustion and heat stroke ([see graphic here](#)).

Limit Time Outdoors

Even when an excessive heat day is not in effect, summer weather can still be

dangerous. If you need to be outdoors, it is recommended to wrap up activities by 9 a.m. or wait until after 6 p.m.

Protect your Skin

Make sure to regularly apply sunscreen to exposed skin. The CDC recommends a minimum of SPF 15 or higher. In addition to wearing sunscreen, wear light-colored clothing and wide-brimmed hats.

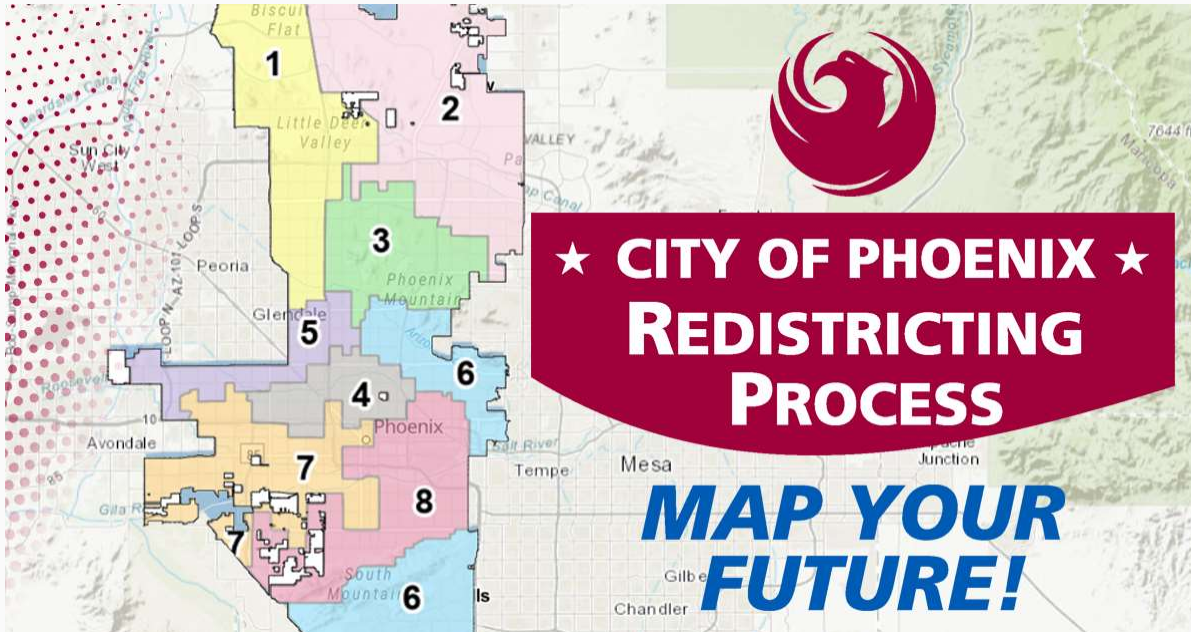
Find a Cooling Center and Hydration Center

[The 2023 Heat Relief Network map is available \[azmag.gov\]](#). You can visit an indoor, air-conditioned cooling center for hydration needs. Indoor and outdoor hydration stations are also available where you can go to receive bottled water and other collected donation items.

Cooling Ordinance

Did you know there is a City ordinance that requires landlords to provide reasonable cooling to rental housing units? Phoenix landlords are required to maintain 82° or cooler for units with air conditioning, or 86° or cooler for evaporative coolers. To learn more about your rights or report a violation call 602-262-7210.

For more summer safety tips, visit [Phoenix.gov/Heat](#).



City of Phoenix Redistricting

Be a part of Phoenix's future by helping us map it out. We're conducting our redistricting process based on 2020 Census data and want to know what you think! Join the conversation by attending a community meeting or submitting your own boundary map. Learn more at [PhoenixRedistricting.com](https://phoenixredistricting.com) [phoenixredistricting.com].

The next District 3 redistricting meeting will be a joint meeting with District 2's office at **Paradise Valley Community Center on Thursday, September 7th at 6pm.**

Make your voice heard! Residents are encouraged to provide input by:

Attending an informational community meeting.

Following the first round of community meetings, providing boundary suggestions through the [online mapping tool](https://phoenixredistricting.com) [phoenixredistricting.com].

Submitting comments at PhoenixRedistricting.com [phoenixredistricting.com], via email (phoenixredistricting@phoenix.gov) or by calling 602-261-8683.



Attention Bell Road and Thunderbird Road Businesses

The Bell Road and Thunderbird Road Business Alliances are hosting a job fair in north Phoenix. This will be an excellent opportunity to meet, interview, hire local folks, and showcase your business. Participation is FREE.

Date: Friday, August 25 and Saturday, August 26, 2023
Time: 9:30 am to 4:30 pm
Location: Juniper Library
1825 W. Union Hills Drive

Attendees are asked to bring a resume and be interview ready. Support and computers will be available to assist job seekers.

Employers can sign up for a 9:30 am-12:30pm slot OR 1:30pm – 4:30 pm time slot on Friday OR Saturday. Employers do not have to be there all day for two days.

Please RSVP by Friday, Aug. 4th to reserve your time slot and preferred day. There is room for 6 employers per time slot, you can sign up for as many time slots as you need. Submit your company logo with your reservation.

For more information, you can email: e.mari.herrera-daniels@phoenix.gov.

Life in Recovery
is Possible



NARCAN Nasal Spray

PHOENIX COMMUNITY SAFETY PLANS

COMMUNITY TRAINING

The City of Phoenix and Terros Health are partnering to provide a free community training on NARCAN Nasal Spray and how to safely use NARCAN for opioid emergencies.

LEARN HOW TO:

- Identify an overdose
- Give NARCAN Nasal Spray
- Get emergency medical help

JOIN OUR EVENT

 **AUGUST 7, 2023**
5:30 p.m.

 DoubleTree by Hilton
10220 N. Metro Parkway East
Phoenix, AZ 85051

RSVP BY AUG. 4



*Spanish interpretation available



City of Phoenix

Healthy
PHX.
Office of Public Health

Community Training: NARCAN Nasal Spray

The City of Phoenix and Terros Health is partnering to provide a free community training on NARCAN Nasal Spray, and how to safely use NARCAN for opioid emergencies.

You can register for the meeting here, <https://forms.office.com/g/240cwCq5xX> [forms.office.com].

CHAINING YOUR DOG ISN'T SAFE

Break the chain



azhumane.org/breakthechain

Arizona Humane Society Anti- Tethering Campaign

Chaining your dog outside is dangerous, and the Valley's scorching summer temperatures can even make it deadly. Tethered dogs can become tangled, trapping them without water or shelter. As temperatures rise, we are working with the Arizona Humane Society to raise awareness as our City law prohibits

tethering a dog if the temperature is above 100 degrees. Break the chain. Please don't tether. Learn more at azhumane.org/breakthechain [azhumane.org].



Take a Hike. Do it Right

Phoenix is home to more than 41,000 acres of desert parks and mountain preserves, and 200-plus miles of trails. Millions of people enjoy city trails every year, but sadly, more than 200 hikers annually are rescued from City of Phoenix desert and mountain parks and preserves. This [simple checklist](#) can help you from becoming a statistic.

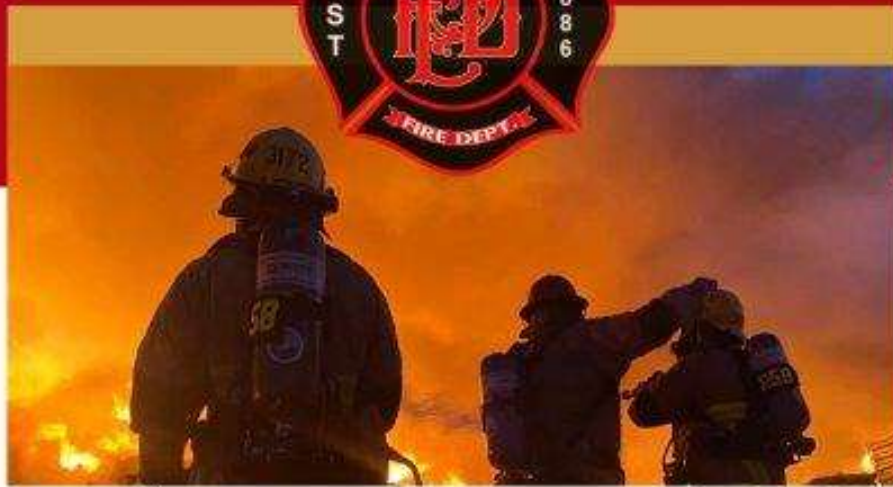
[Find a Trail Location Near you](#)

[Register for Hikes and Outdoor nature Programs](#)
[\[anc.apm.activecommunities.com\]](http://anc.apm.activecommunities.com)

[Take a Hike. Do it Right.](#)

[Contact Natural Resource Divisions Staff](#)

WE ARE HIRING



Written test, August 22, 2023

Applications close August 3rd, 2023

Apply today! [Phoenix.gov/jobs](https://phoenix.gov/jobs)

Job description: Firefighter Recruit

Job number: 50967

Questions? Email recruitment.pfd@phoenix.gov!

Follow on social media to learn more.

[@phoenixfiredepartment](#) [@PHXFire](#)



Phoenix Fire is Hiring!

The Phoenix Fire Department is excited to announce an upcoming Firefighter Recruit Written Test. This rare opportunity will take place Tuesday, August 22nd at 9:00 AM.

The application period opened on July 5th. Applications close August 3rd at midnight. A candidate must be 18 years of age to take the test. Admission into the test requires some form of picture identification.

The test will take place at the Phoenix Convention Center located at 100 N 3rd St. Phoenix, AZ 85004.

Those interested can apply online by visiting the [City of Phoenix Employment website](#).



Office of Homeless Solutions

The Office of Homeless Solutions (OHS) provides support for people experiencing homelessness and is committed to ending homelessness through a comprehensive, regional approach to shelter and heat relief, outreach, supportive and behavioral health services, homelessness prevention, and supportive housing.

[View the Phoenix Homeless Solutions Data Dashboard. \[stories.opengov.com\]](#)

Healthy Giving



[\[givesmartaz.org\]](https://givesmartaz.org)
