

Self-Defense & **Empowerment** Workshop

> SATURDAY, October 12th 10:00am - 12:00pm

Free Event - Raffles - Prizes - Refreshments

Learn realistic self defense skills, how to de-escalate tense moments, set clear boundaries and safety tips you can practice daily.

Event will be held at KRX PHX:

1819 N. Scottsdale Rd. Tempe, AZ 85288

Get In Touch:

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This event may include sensitive or triggering content. Open to

everyone age 14+.



